



*“MOPS has made me feel that
I am not alone.”
—Jessica, MOPS mom*

Get Connected Today!

MOPS at Immanuel
www.Immanuelridgecrest.org
1st & 3rd Thursdays

Immanuel Ministry Center
1201 N China Lake Blvd
760-446-4531

Please contact MOPS Coordinator,
Alison Elwell, at
alimood@aol.com
for more information and registration.

Better Moms Make A Better World



Want to be
the best
mom
possible?

You Are Not Alone!

At MOPS, you'll be **welcomed**, **accepted**
and **inspired** to reach your full potential and
recognize your influence within your family
and the world!



We believe that better moms really do
make a better world.

MOPS International, Inc.
2370 S. Trenton Way • Denver, CO 80231
Phone: 303-733-5353 • www.MOPS.org
Email: info@MOPS.org

“Because of MOPS, I am a better mom.”
—Nicole, MOPS.

MOPS is a place where mothers of preschoolers can come and experience:

- authentic community
- personal growth
- practical help
- spiritual hope

MOPS IS A PLACE THAT GETS MOMS

We understand your unique needs, challenges and joys in this vital season of early mothering. You will be welcomed in our MOPS group just as you are!

At our MOPS group you will have a chance to socialize with other moms, hear some great teaching, have discussion time and participate in creative activities.

MEETING TIME

MOPS Immanuel

1st & 3rd Thursday of each month beginning Sep 4, 2008

9:00 am – 11:00 am

Immanuel Ministry Center

MOPS at Immanuel:

Is open to the community, if you are a mother of a preschooler (6wks to 5yrs) this is the place you want to be! Please come and visit one of our meetings and see what a difference it can make in your life.

Topics will include:

Dental care
First aid
Nutrition
Discipline
Hospitality

MEMBERSHIP INFORMATION

MOPS provides quality mothering resources. As part of your MOPS International Membership, you will receive a one-year subscription to *MomSense* Magazine, weekly Mom-E-Mail messages and other great benefits.

There is a \$35 per semester fee. If you pre-register by August 31, the fee is \$30, but please don't let this detour you. Scholarships are available—just ask!

CHILD CARE

During our MOPS meetings, your children will be cared for in a program called MOPPETS, where they experience love in a preschool-like setting.

Our MOPPETS program is headed up by Carla Merrill, who is committed to the care of your little ones!



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