

Every Monday evening, members of one of our Life Groups volunteer to provide a free meal for folks in our community that might need assistance in preparing a meal for themselves, or wish to stretch their grocery budget a little. These volunteers do the work, from baking in the early afternoon through washing the last dish, even though they may arrive at different times, depending upon their availability, abilities, and schedules. Food service and health safe-guard regulations are of the standard required by our local restaurants and approved by the Kern County Public Health Services Department.

For more details, see: [Up-Coming Events](#).